




# May Menu - Urbana Senior Center

301-600-7020

UrbanaSeniorCenter@FrederickCountyMD.gov

[www.FrederickCountyMD.gov/aging](http://www.FrederickCountyMD.gov/aging)

The meal is served at Noon. Reservations must be made at least 48 hours in advance.  
\$4.68 per person per meal. Milk, juice and bread are offered each meal. **Menus are subject to change.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
<b>2</b> Beef Burgundy Buttered Noodles Cucumber Salad Diced Pears	<b>3</b> BBQ Chicken Sandwich on a Roll Cole Slaw Diced Peaches	<b>4</b> Split Pea Soup Tuna Salad Sandwich Potato Salad Applesauce	<b>5 Mother's Day Luncheon</b> Beef Eye Round Baby Carrots and Potatoes Coleslaw Melon Brownie
<b>9</b> Salisbury Steak w/Gravy Steamed Rice Copper Pennies Apricots	<b>10</b> Multi Bean Soup Curried Chicken Salad Pickled Beets Pineapple Tidbits	<b>11</b> Beef Hot Dog Midwestern Baked Beans Applesauce	<b>12</b> <b>Breakfast for Lunch with Nurse Steve</b> 
<b>16</b> Nacho Taco Platter with Taco Meat, Black Beans, Romaine Lettuce, Tomato Salsa, Cheddar Cheese, Sour Cream, Tortilla Chips Mexican Rice Cinnamon Apples	<b>17</b> Pork Calvados Sauerkraut Whole Wheat Roll Fruit Cocktail	<b>18</b> Meatloaf with Gravy Mashed Potatoes Diced Peaches Dinner Roll	<b>19</b> Fish and Chips Peas Tossed Salad Fruit
<b>23</b> Eye Round Beef Sliced Potatoes Italian Cucumber and Tomato Salad Whole Wheat Roll	<b>24</b> Baked Potato Tossed Salad Chili con Carne Shredded Cheddar Applesauce	<b>25</b> <b>Garden Party</b> 	<b>26</b> <b>Chef's Choice</b> 
<b>30</b> <b>Center is Closed</b>  <b>Memorial Day</b> <b>Enjoy the Holiday</b>	<b>31</b> Multi Bean Soup Chicken Salad Sub Lettuce & Tomato Club Roll Diced Peaches		

# Urbana Senior Center

## Congregate Meals Information

### Dates and Times

Monday-Thursday (excluding holidays)  
Meals served at Noon

### Reservations/ Cancellations

Reservations must be made at least 48 hours in advance.  
Cancellations may be made up to 24 hours in advance.  
Register in person at the Center or call 301-600-7020.

### Cost

The current cost is \$4.68 per participant per meal.  
The Department of Aging must pay for every meal that has been reserved. All meal participants under the age of 60 must pay the full price. Seniors who are 60 years old or older are encouraged to donate as much as they are able up to the full cost of the meal.  
A donation is expected to cover the full cost of any meal that is reserved and is not cancelled in advance.

### Payment

Checks should be made payable to "Frederick County Department of Aging".  
Cash is also accepted but it must be for the exact amount; staff members are not permitted to make change.

### Menus

Menus are published monthly. They are available the last week of the previous month. They are also published online at [www.FrederickCountyMD.gov/doa](http://www.FrederickCountyMD.gov/doa) . The menus are subject to change.

### Transportation: Monday-Thursday

Seniors needing transportation to the Urbana Senior Center for the meal program must call the Senior Center at least 48 hours in advance 301-600-7020. Seniors will be picked up at their homes between 9:45 and 11:00 am. They will be returned to their homes between 1:30 pm and 2:30 pm. Seniors will be given a more accurate pick-up time once routes and number of passengers is established. The cost for transportation is \$2 per round trip. Transportation is limited to the immediate area.

### Inclement Weather

If Frederick County Schools are closed due to inclement weather, the congregate meal, the transportation program, and the Home Delivered Meals for that day will be canceled.